

# Cognitive Assessment at Helios Psychology

Last Updated: 31-Oct-2023

## Cognitive Assessment Process

**Join the Cognitive Assessment Waitlist**  
(if applicable)



**Intake Session**  
(parents only)



**Assessment Session**  
(child & practitioner)



**Additional Screeners**  
(as required)



**Assessment Scoring & Reporting**  
(psychologist only)



**Feedback Session**  
(parents only)

# Cognitive Assessment Information

## ***What is a cognitive assessment?***

A cognitive assessment is a test used to assess an individual's intelligence, determining their overall IQ, and cognitive abilities across verbal comprehension, visual-spatial skills, fluid reasoning ability, working memory, and information processing speed. Combined with additional information and reports from parents and teachers, the results of a cognitive assessment provide a comprehensive report that may direct and inform individualized intervention and learning plans.

## ***Why might my child need a cognitive assessment?***

- It may be requested by a health practitioner or educator
- To identify cognitive strengths and weaknesses
- To gain deeper insight into how your child thinks and learns
- Reasonable adjustments that they may need for school
- To assist in diagnosing intellectual development disorder
- To aid other professionals in investigating intellectual giftedness, specific learning disorders, autism spectrum disorder, or attention-deficit/hyperactivity disorder. Further assessment is required for the formal diagnosis of the conditions listed previously. Helios Psychology may not be able to provide these assessments.

## ***Who is eligible for a cognitive assessment at Helios Psychology?***

- Children aged 3 years of age and above (non-verbal assessment)
- Children aged between 6 years of age - 16 years and 11 months of age (standard verbal IQ assessment)
- Children who have not completed a WISC-V in the past 2 years

## Cognitive Assessment Process

### ***Join the cognitive assessment waitlist - if applicable***

Depending on our capacity at the time of your inquiry, you may be asked to place your child on our cognitive assessment waitlist. If this is the case, one of our lovely administration team members will collect your information. After being placed on our waitlist, you will be sent a waitlist confirmation email. Once your child reaches the top of our waitlist, we will make contact with you to arrange an intake session.

Wait periods are general estimates, and we cannot guarantee the availability of appointments.

### ***Intake session***

The intake session is a 1-hour consultation conducted with the child's parents only. During this session, the child's background history will be collected, including relevant educational history, medical history, family history, and any other relevant information. Parents are encouraged to provide any reports from previous psychologists, speech pathologists, occupational therapists, pediatricians, educators, or other relevant documentation.

### ***Assessment session***

The assessment session is conducted by the psychologist with your child. To get an accurate measurement of your child's abilities, we endeavor to make the assessment process as enjoyable and engaging as possible. We schedule 2-3 hours total for the session. The assessment consists of activities aimed at measuring your child's thinking and problem-solving. Additionally, games and activities are conducted to build rapport and break up testing blocks.

### ***Additional screeners - as required***

Following the assessment session, the practitioner may request that you provide additional information to enhance the assessment. In this circumstance, you will be contacted by the practitioner.

Last Updated: 31-Oct-2023

Cognitive Assessment at Helios Psychology

### ***Assessment scoring and reporting***

Assessment and scoring will be completed by the practitioner in 1-2 weeks following the assessment session.

All relevant documentation and screeners must be provided to the practitioner before the assessment report is written.

### ***Feedback session***

The feedback session is a 1-hour session conducted with the child's parents only. In this session, the cognitive assessment report will be provided, and assessment results and any educational implications, skill-building strategies, and classroom adjustments will be discussed.

## **Cognitive Assessment Fees**

### ***Fee Schedule***

1. Intake session: \$205.00 due at the intake session
2. Assessment cost (all remaining assessment, reporting, and feedback components): \$1560 due at the assessment session

### ***Medicare & Private Insurance Coverage***

Medicare does not rebate cognitive assessments with psychologists. Due to this, it is not necessary to obtain a referral from your child's general practitioner or pediatrician prior to assessment.

Typically, private insurers do not offer coverage for cognitive assessments. We recommend enquiring directly with your private insurer if you are unsure.